



Approvez Medi-care Ltd. — Carbon Reduction Plan

Company Registration No: 13180416

Address: 14 Applewood Drive, Newham, London, E13 8BF

Date: 1 November 2025 Version: 1.0

This Carbon Reduction Plan is reviewed annually and updated in line with organisational and legislative requirements.

1. Commitment to Achieving Net Zero

Approvez Medi-care Ltd. is committed to achieving Net Zero carbon emissions by 2040 across all scopes of operation. We recognise the urgent need to reduce greenhouse gas (GHG) emissions in alignment with the UK Government's Net Zero by 2050 target and are embedding sustainability in all areas of our homecare service operations.

2. Baseline Emissions Footprint (2023)

Category	Description	Baseline Year	Emissions (tCO ₂ e)
Scope 1	Direct emissions from owned vehicles, office heating (gas)	2023	6.2
Scope 2	Purchased electricity for offices	2023	3.8
Scope 3	Indirect emissions (staff travel, purchased goods, waste)	2023	12.5
Total			22.5

3. Current Emissions Reporting (2024/25)

Scope	Emissions (tCO ₂ e)	Change vs. Baseline
Scope 1	5.7	↓ 8%
Scope 2	3.0	↓ 21%
Scope 3	11.8	↓ 6%
Total	20.5	↓ 9% overall



4. Carbon Reduction Targets

Approvez Medi-care Ltd. aims to reduce overall carbon emissions by 50% by 2030, relative to the 2023 baseline.

Year	Target Reduction vs. Baseline	Projected Emissions (tCO ₂ e)
2025	15%	19.1
2027	30%	15.8
2030	50%	11.2
2040	100% (Net Zero)	0

5. Carbon Reduction Initiatives

Action Area	Initiative	Status	Expected Impact
Energy Efficiency	Transition to LED lighting and motion sensors	Implemented	10% reduction in electricity use
Transport	Move to hybrid/electric vehicles for care staff	In progress	25% reduction in vehicle emissions by 2027
Digitalisation	Use of electronic care management & paperless documentation	Ongoing	Reduced paper emissions
Procurement	Prioritise suppliers with sustainable credentials	Planned	Lower Scope 3 emissions
Waste Management	Recycling and waste segregation in office and care sites	Ongoing	5% total carbon reduction
Staff Engagement	Sustainability awareness & green travel incentives	Ongoing	Behavioural change contribution
Energy Supply	Switch to 100% renewable electricity supplier	Planned (2025)	Eliminate Scope 2 emissions



6. Governance and Monitoring

Responsible Officer: Marie White, Managing Director

Monitoring Frequency: Quarterly review and annual carbon reporting

Verification: Internal audits and annual carbon footprint reassessment using DEFRA conversion factors.

7. Declaration and Sign-off

This Carbon Reduction Plan has been reviewed and approved by the senior management of Approvez Medi-care Ltd.

Signed: /s/ Marie White

Name: Marie White

Position: Managing Director

Date: 1 November 2025